

International Foot & Ankle Mega Course

Arthroscopy, Fore-, Mid- and Hindfoot Surgery

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich

Faculty	Bill Ribbans, MD Markus Regauer, MD Sebastian Manegold, MD Jens Geerling, MD Cees Verheyen, MD Nuno Brito, MD Wolfgang Willauschus, MD Hans Zollinger-Kies, MD Kay-Uwe Hoffmann, MD
Date	March 09-10, 2018
Location	Arthrex GmbH Erwin-Hielscher-Str. 9 81249 Munich

Program | Friday, March 09, 2018

Time	Activity	Location
09:15 - 09:45	Registration, Welcome, Coffee and Exhibition	Doctors' Lounge
09:45 - 10:00	Didactic Session 1 – Anterior Arthroscopy and Ankle Instability <ul style="list-style-type: none"> • Introduction and Company Presentation • Orthobiologics at Arthrex • Ankle Arthroscopy: Indications, Setup, Portals and Techniques (Anterior Decompression, Loosen Bodies, Synovitis and Talar Osteochondral Defect) • Arthroscopic Lateral Ankle Repair (ArthroBrostrom®) • Arthroscopic Lateral Ankle Reconstruction (TightRope®, Tenodesis) • Posterior Arthroscopy: Indications, Setup, Portals and Techniques (Arthroscopic Os Trigonum Excision, Talocrural and Subtalar Fusion) • Discussion 	C. Renner Arthrex
10:00 - 10:10		N. Brito
10:10 - 10:20		S. Manegold
10:20 - 10:30		N. Brito
10:30 - 10:40		J. Geerling
10:40 - 10:50		
10:50 - 11:00		
11:00 - 11:20	Coffee Break	Doctors' Lounge
11:20 - 13:15	WetLab <ul style="list-style-type: none"> • Anterior Arthroscopy, Anterior Decompression, Targeted Drilling, Arthroscopic BroStrom, Arthroscopic Ligament Reconstruction, Posterior Arthroscopy, Talocrural and Subtalar Fusion, Orthobiologics at Arthrex 	
13:15 - 14:00	Lunch Break	Arthrex Cafeteria

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13:15 - 14:00	Lunch Break	Arthrex Cafeteria
	Didactic Session 2 – Flatfoot Reconstruction Solutions	
14:00 - 14:10	• Pathophysiology of the Flatfoot	J. Geerling
14:10 - 14:20	• The Correction of Flatfoot by Subtalar Arthroereisis in Adolescents and Adults	C. Verheyen
14:20 - 14:30	• Calcaneal Osteotomy	H. Zollinger-Kies
14:30 - 14:40	• Lateral Column Lengthening	S. Manegold
14:40 - 14:50	• Flexor Digitorum Longus (FDL) Transfer and Spring Ligament Repair	C. Verheyen
14:50 - 15:00	• Subtalar Fusions, Triple Arthrodesis, Ankle Arthrodesis	K.-U. Hoffmann
15:00 - 15:10	Surgical Outcomes System™ (SOS)	
		Arthrex
15:10 - 15:20	Discussion	
15:20 - 15:40	Coffee Break	Doctors' Lounge
15:40 - 18:00	WetLab	
	• Arthroereisis, Calcaneal Osteotomy, Evans Osteotomy, FDL Transfer with Spring Ligament Augmentation, Cotton Osteotomy, Calcaneocuboidal Fusion, Medial Column Fusion, Ankle Arthrodesis	
18:00	Get Together for a Drink	
18:30	Dinner	
22:30	Adjourn	

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08:30 - 09:00	Coffee and Exhibition	Doctors' Lounge
09:00 - 09:10	Didactic Session 3 – Treatment for Forefoot Pathologies	Arthrex
09:10 - 09:20	• Basic Minimal Invasive Forefoot Surgery	C. Verheyen
09:20 - 09:30	• Dorsomedial and Plantar Lapidus Procedure for Halux Valgus Repair	K.-U. Hoffmann
09:30 - 09:40	• Double Osteotomy (Proximal Opening Wedge and Distal Reverdin-Green)	W. Willauschus
09:40 - 09:50	• Metatarso-Phalangeal Arthrodesis and Hemiarthroplasty	W. Willauschus
09:50 - 10:00	• Treatment Options for Metatarsalgia, Hammertoes, Metatarso-Phalangeal Joint (MPJ) Dislocations	S. Manegold
10:00 - 10:10	• Hallux Varus Repair	Arthrex
10:10 - 10:20	• Lateral Ankle Instability: Modified Brostrom Repair and <i>InternalBrace</i> ™	J. Geerling
10:20 - 10:25	• Lateral Ankle Reconstruction (Deltoid Reconstruction)	
10:20 - 10:25	Discussion	
10:25 - 10:45	Coffee Break	Doctors' Lounge
10:45 - 12:15	WetLab	
	• Phalanx Prosthesis, Chevron Osteotomy, Scarf / Akin Osteotomy, Metatarso-Phalangeal Fusion, Hammertoe, Plantar Plate Repair, Hallux Varus with Mini TightRope®, Hallux Varus InternalBrace™ Ligament Augmentation Repair Lapidus with 1.1 mm TightRope®, Low Profile Opening Wedge, Orthobiologics at Arthrex	
12:15 - 13:00	Lunch Break	Arthrex Cafeteria

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12:15 - 13:00	Lunch Break	Arthrex Cafeteria
13:00 - 13:10	Didactic Session 4 – Ankle Sports and Trauma Pathologies <ul style="list-style-type: none"> • Syndesmosis Injuries • Achilles Insertional Tendinopathy • Achilles Tendon Percutaneous Midsubstance Repair • Arthrex Foot Trauma Systems: 5th Metatarsal Fractures, Calcaneal Fractures, Ankle Fracture • Endoscopic Plantar Fascia Release and Gastroc Lengthening 	N. Brito
13:10 - 13:20		H. Zollinger-Kies
13:20 - 13:30		B. Ribbans
13:30 - 13:40		M. Regauer
13:40 - 13:50		M. Regauer
13:50 - 14:00	Discussion	
14:00 - 14:20	Coffee Break	Doctors' Lounge
14:20 - 16:30	WetLab <ul style="list-style-type: none"> • Modified Brostrom-Gould with <i>InternalBrace</i>[™], Lateral and Medial Ankle Reconstruction, Ankle Fracture Set, Syndesmosis TightRope[®], 5th Metatarsal Fracture, Percutaneous Achilles Tendon Repair, Achilles Tendinopathy Treatment, Endoscopic Plantar Fascia Release, Endoscopic Gastroc Release, ACP 	
16:30	End of Course	