

# ArthroLab™ Workshop

## Foot & Ankle

ArthroLab™ by Arthrex | Erwin-Hielscher-Str. 9 | 81249 Munich

Arthrex Staff	Mark Maritz, MD   Nasef Mohammed Nasef, MD   Markus Regauer, MD
Date	Friday, August 4, 2017
Location	Arthrex GmbH   Erwin-Hielscher-Str. 9   81249 Munich

### Program | Friday, August 4, 2017

<b>08:30 - 09:00</b>	<b>Welcome &amp; Coffee</b>	<b>Doctors´ Lounge</b>
09:00 - 09:40	Presentations <ul style="list-style-type: none"> <li>Ankle arthroscopy: Indication, Setup, Portals and Techniques</li> <li>Possible arthroscopic Repair Options ( anterior decompression, loosen bodies, synovitis and talar osteochondral defect)</li> <li>Posterior arthroscopy: Indication, Setup, Portals and Techniques</li> </ul>	M. Maritz M. Maritz M. Maritz
<b>09:40 - 10:00</b>	<b>Coffee Break</b>	<b>Doctors´ Lounge</b>
10:00 - 11:45	Wetlab Session #1 <ul style="list-style-type: none"> <li>Anterior Arthroscopy, Anterior Decompression, Targeted Drilling, Arthroscopic Brostrom, Arthroscopic Ligament Reconstruction</li> <li>Posterior Arthroscopy</li> </ul>	
11:45 - 12:25	Presentations <ul style="list-style-type: none"> <li>Treatment Options for Metatarsalgie, Hammertoes, Metatarso-Phalangeal Joint (MPJ) Dislocations (CPR™with Viper, RetroFusion™)</li> <li>Hallux Varus Repair</li> <li>Lateral Ankle Instability: Modified Brostrom Repair and InternalBrace™</li> </ul>	M. Maritz M. Regauer N. Nasef
<b>12:25 - 13:10</b>	<b>Lunch Break</b>	<b>Arthrex Cafeteria</b>
13:10 - 14:10	Presentations <ul style="list-style-type: none"> <li>Syndesmosis Injuries</li> <li>Achilles Insertional Tendinopathy</li> <li>Achilles Tendon Percutaneous Midsubstance Repair</li> <li>Pathophysiology of the Flatfoot</li> <li>The Correction of Flatfoot by Subtalar Arthroereisis in Adolescents and Adults</li> <li>Flatfoot Solutions</li> <li>Ankle Arthrodesis</li> </ul>	M. Regauer M. Regauer M. Nasef M. Nasef M. Nasef M. Nasef M. Regauer
14:10 - 17:30	Wetlab Session #2 <ul style="list-style-type: none"> <li>Arthroereisis, Calcaneal Osteotomy, Evans Osteotomy,</li> <li>Cotton Osteotomy, Calcaneo-Cuboidal</li> <li>Fusion, Medial Column Fusion, Ankle Arthrodesis</li> <li>Syndesmosis TightRope, Percutaneous Achilles Tendon Repair, AchillesTendinopathy Treatment</li> <li>Dorsomedial and Plantar Lapidus Procedure for Halux Valgus Repair</li> </ul>	
<b>16:30</b>	<b>End of Course &amp; Hand out certificates</b>	